



Nursing Services

2022-2023

Dear Parents,

We welcome you and your student to our school. Please take a moment to read the following information regarding our district policies for Health Services.

Registered Nurses: Nurses in our district cover more than one school and are in each school at least once a week. The Nurse at your school has regular communication with the Health Para and is available for any health care needs and emergencies.

Health Para: Your child's school has a Health Para in the Health Room every day. **Health Para's are not Nurses.** They have received training in Basic First Aid, CPR, Diabetic Management, and Medication Administration.

Health Room: Any student entering the Health Room will be allowed to remain there for up to 10 minutes. If there is a need to contact parents, we will use the phone numbers provided at the beginning of the school year. **Please provide the school with current emergency phone numbers and update this information as it changes throughout the year.**

Medication Policy: Please be aware that Colorado State law governs our Medication Policy. If your student must take medication during school hours, parents must provide the following before it can be administered at school.

- A written Doctor's Order (including Drug Name, Dose, Route, Time, Duration of Treatment, Doctor and Parent's Signature). **This includes all over-the-counter, prescription, and homeopathic medications.**
PLEASE NOTE: The Pharmacy Label applied to the medication bottle will **not** suffice for a doctor's order.
- Medication must be in the container it was purchased in, complete with a label. Medication cannot be given if it is not in the original bottle.
- All medications must be kept in a secure cabinet in the Health Room. If a student must carry a medication on him or her, such as an Inhaler, Epi-Pen or diabetes supplies, a physician order is required, and the student must sign a self-carry contract.
- For the 2021-2022 School Year, High School Students will be allowed to self-carry one to two doses of Over the Counter medication (Tylenol, Motrin) without an order from the physician. A Self-Carry Contract will have to be signed by the parent and the School Nurse.

Personal Care Items: The following items may be applied to your child if needed:

- Vaseline (for chapped lips).
- Lotion (for dry skin).

Please inform your school Health Room if you **do not** want these items applied to your child.

Use of Crutches and Wheelchair: Each Health Room has a wheelchair for emergency use only. If your student requires temporary use of parent/guardian provided crutches or wheelchair, please provide a Doctor's Note to the Health Room and accommodations will be made. Accommodations may include: extra time to transition from class to class; elevator pass; and PE restrictions.

Immunizations: Colorado law requires all students to be up-to-date on school required immunizations or an annual written exemption on file at the school.

Effective July 1, 2021 there will be **two** ways to submit a nonmedical exemption.

1. Submit the Certificate of nonmedical exemption **WITH** a signature from an immunizing provider who is a medical doctor, doctor of osteopathic medicine, advanced practice nurse or delegated physician's assistant

-OR-

2. Submit the Certificate of nonmedical exemption received upon the completion of Colorado Health Department's Online Immunization Education Module.

<https://cdphe.colorado.gov/vaccine-exemptions>

Nonmedical exemptions expire June 30th each year and must be resubmitted the following school year.

Illness Guidelines: School District 49 is following the Illness Guidelines from the Colorado Department of Education/Children's Hospital Colorado.

Sincerely,

School District 49 Nursing Services

All above information and health services forms are available through [d49.org/studentservices/nursing services](http://d49.org/studentservices/nursing%20services)