

Middle School Athletic Guidelines

Athletic guidelines apply to all students participating in any extra-curricular athletic activity.

Sports Physicals

All athletes must have a current physical within the last calendar year on file, **before they can try out or participate in any athletic activity.**

Athletic Fees

A participation fee is sport specific and is listed below. A student involved in the free/reduced lunch program **will need to provide the approval form** to the school to have athletes fees waived or reduced. If approval form is not turned in the athlete will be required to pay the participation fee.

- Football: **\$60**
- Volleyball, Basketball (boy & girls), Wrestling, Softball, **\$50**
- Cheer **\$40**
- Boys & Girls C Team Basketball, **\$30**
- Cross Country, Track, **\$45**

Uniforms

Athletes will be issued numbered uniforms. It is the student's responsibility to keep the uniform clean and free from damage. If a uniform item is missing, loss or damaged, the **student is responsible** to replace the missing, lost or damaged item. Students will not be allowed to keep any parts of the issued uniform. They must return **their** issued uniform to the coaches **clean and in good condition**. If a uniform is not returned, the athlete will not be allowed to participate in other sports or activities until it is turned in or the school is reimbursed.

Training Rules

Inappropriate school behavior may result in suspension or removal from an athletic team. As in all areas of society, we are concerned about substance abuse. Therefore, there are structured rules. The possession of alcohol, drugs and tobacco is strictly forbidden during or after school hours. If there is evidence of possession or use of any illegal substances, the following penalty system will be used.

1st Offense – 10 calendar days of no competitive action. Students may come to practices, but may not dress out for or attend athletic events.

2nd Offense – Suspension from participation for the remainder of the current calendar school year.

3rd Offense – Suspension from participation for one calendar school year.

(Training rules do not preclude school rules – a stricter penalty may be given.)

Suspension

If a student is suspended from school he/she **may not** participate in practices or competitions on the days of their suspension.

Due Process

In all cases, students and their parents are protected by due process. Obvious stages of appeal are available and we hope that this will ensure that each individual will have their rights protected.