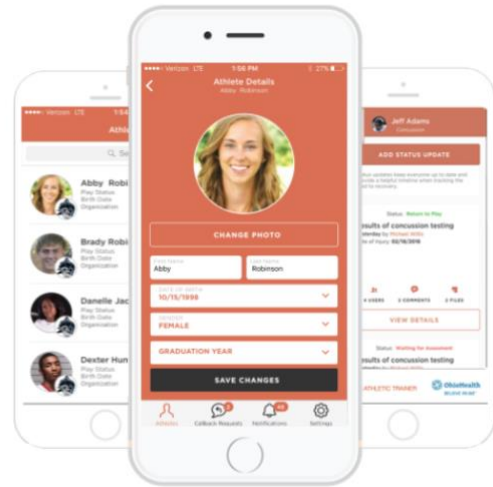


Connecting Athletes and Coaches to your Centura Health Athletic Trainer

Healthy Roster is a **FREE** mobile app/website program connecting **Falcon** athletes and coaches with Certified Athletic Trainers from **Centura Health Sports Medicine**. When you experience an injury playing sports, help is one tap away!

Healthy Roster Mobile App Includes:

- Access to a certified athletic trainer via chat, voice, or video
- Injury tracking and updates
- Guardian & parent accounts
- HIPAA Compliant – Safe & Secure!



To get started using Healthy Roster, follow the instructions in the e-mail from Healthy Roster. All Falcon athletes should receive notification to the e-mail provided during registration prior to the start of the season. If you did not, please contact your Christina Lorete from Centura Health Sports Medicine to be invited.

**Christina Lorete, LAT, MSAT, ATC can be reached at
christinalorete@centura.org**

