



Sports Physicals at UCHealth

The Colorado High School Activities Association (CHSAA) requires all athletes to have an annual sports physical to be eligible for the upcoming season. Sports, school and camp physicals are available at select UCHealth urgent care locations or can be performed as part of an annual exam with a UCHealth primary care provider.

To make it easy for you, your athlete can receive their physical at any of our participating urgent care locations –same day, with no appointment needed. You can also reserve a spot for a same-day visit and avoid wait times. If your athlete needs an annual exam with a primary care provider, you can schedule one at a convenient time and location.

What to expect at a sports physical:

- A review of your child's medical history.
- A physical examination.
- Review information about concussions.
- Complete forms needed for sports or school participation.

What to bring:

- Any required health forms for health care providers to complete.
- Any prescription glasses or contacts, if applicable.
- Minors must be accompanied by an adult chaperone or guardian and have parental/guardian permission.

UCHealth offers sports physicals for \$30 at participating urgent care locations. If you schedule a visit with a primary care provider, it will be performed as part of an annual exam and billed accordingly.

Visit uchealth.org/sportsphysicals to learn more and schedule your athlete's sports physical today.