Have a great summer!
5/9        8th Grade Band Concert
5/11       Track League Meet
5/14       SAC Meeting - 6:30 PM
5/15       Choir Concert - 6:00 PM
5/16       8th Grade Elitches Field Trip
5/17       8th Grade Semi-Formal Dance
            Spotlight Skate @ Skate City - 6:00 PM
5/21       8th Grade Awards Night (Invitation Only)
5/24       Last day for students! (Dismissal @ 11:55 AM)
5/27       Memorial Day - DISTRICT CLOSED

**SUMMER OFFICE HOURS**

May 28—June 12
July 16—July 31
8:00 - 3:00 PM
Moving on to High School

Starting high school is a huge step for young teenagers, and the months and weeks before that first day of freshmen year might be filled with all kinds of anxieties (for both you and your child) as well as excitement.

There's lots to look forward to in the world of high school—new classes, extracurricular activities and new friends (and, yes, starting romantic relationships, too). But the worries are there, as well, and that can understandably dampen kids' enthusiasm.

The concerns that your child has about high school tend to break down into three areas: the procedural, academic and social changes. The good news is there are ways for you to help your child in each of these areas.

Procedural:
These are the kinds of worries that kids (and even adults) have going to any new place. Kids have basic questions about their new school, like: Where are all of my classes? Will I get lost? Where are the bathrooms? Who will I eat lunch with? Luckily, this anxiety is fairly easy to remedy and it tends to go away after the first few days or weeks.

Here are a few simple things you and your soon-to-be high-schooler can do to help ease these worries:

— Attend high school events while your child is still in middle school: go to plays, concerts, or sporting events to help them to feel more comfortable and familiar with campus.

— Go to any open houses, campus tours or freshmen day events that the high school hosts.

— Visit the high school's website.

— Use the website or informational days to help your student find out when the first day of school is for freshmen, when the class schedule is sent out, what the bell schedule looks like (i.e., how many classes will they have and for how long), if a campus map is available, where his or her classes are located, what time lunch is and what clubs and activities the school sponsors.

— Embrace and reinforce the excitement about new electives, clubs and sports.

Academic:
While students are excited to have a wider variety of classes to choose from, they are also generally nervous about the rigor of high school classes, their ability to perform well, the greater amounts of homework and more challenging homework assignments.

To help ease the academic anxieties:

— Ask for a copy of the school's course offerings as well as the graduation requirements for your school district and familiarize yourself with them. (Contact your school counselor.)

— Work on organizational and time management skills; high school teachers may be a little less warm and fuzzy than elementary or middle school teachers.

— Manage and plan time for schoolwork at home in an appropriate study environment that works for your kid.
—Empower your child to ask teachers and counselors for extra help and to inquire about any current tutoring or study programs that the high school may have. (Doing this work for them will not be helpful in the long run.)

—Attend parent nights and conferences at the school.

—Continually visit the school website, join the PTA and look for an email list to join to stay informed. (You know this from middle school, but it is developmentally appropriate that your kid often turns to peers or other trusted adults before his or her parents.)

It's good for parents to take an active role in the academic arena but be careful not to push your kid in ways that are counterproductive. Many students say that the academic pressure they get from their parents is just as bad as the pressure from the school.

Social:
Socially, kids are excited (and nervous) to have the opportunity to meet and make new friends. (You might be less excited with some of these friends.) And this is good, because kids who feel engaged and connected to the school tend to have better attendance and a positive attitude toward school, and even do better academically.

Here are some tips to help your teen make the social adjustment:

—Use the high school website or contact the school counselor and try to find a list of clubs, sports and extra-curricular activities available at the school. Don't force the ones you are interested in, see which ones excite your child. Make efforts to connect with these peers outside of school when appropriate.

—If your student is interested in sports, theater, band or chorus, attend events at the high school while your child is still in middle school.

—Be aware of any freshman programming that occurs prior to the start of the school year and try to get your student there to begin to meet other students.

—Encourage your child to make plans with his or her new friends on the weekends, whether it's an outing to the mall, the movies, an activity at school or a time at your house; this can help to foster new friendships.

—Set up a late-summer gathering with middle school friends so the kids can reconnect (and compare schedules) before the first day of school.

Your child is going on to high school, but you need to remain available and a consistent presence. Although it is often tough to determine what is too much or too little engagement, insist on establishing core boundaries and expectations (e.g., safety, values, academic effort) and find the right balance for your family. The transition to high school requires renegotiation of procedural, academic and social circumstances both in school and for your family. Embrace your new high schooler; the emerging possibilities for your kid are endless if you allow them to flourish!

Provided by Dr. Patrick Akos and Rachael Confer
Save the dates!

Student Orientation times are as follows:
(divide by first letter of your last name)

**July 25th**: 8:00 to 11:00 A-F
12:15 to 3:15 G-L

**July 26th**: 10:00 to 1:00 M-R
2:15 to 5:00 S-Z

**July 29th** thru **July 31st** 8:00 to 3:00 **In the office**

First day of school for 6th grade is August 1st. For 7th & 8th grades, it is August 2nd.

Details will be mailed out in a summer newsletter and will also be posted on Skyview’s website.

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**8th Grade Semi-Formal Dance**

Friday, May 17th from 6 p.m.- 9 p.m.
Cost: $10 per person. Tickets will be sold during lunch starting May 6th and will also be sold at the door for $15.
No guests—you must be a Skyview 8th grade student to attend.
Students need to be picked up on time (immediately after the dance).

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**Yearbooks are still available — Buy yours today!**
**Only $35!**
Pay by cash or check in the Skyview office
Skyview Middle School received a Healthy School Champions grant in the amount of $2500. The grant was funded by the Colorado Legacy Foundation, which is an independent nonprofit working in partnership with the Colorado Department of Education and public education stakeholders. The Healthy School Champions program recognizes and rewards schools that are healthy by successfully implementing the Coordinated School Health model. This model is made up of eight components: physical education, health education, nutritional services, health services, staff wellness promotion, parent & community involvement, healthy & safe school environment, and counseling & mental health services. At Skyview, a Coordinated School Health Team is in place and has representation from each component area. The team meets once a month to brainstorm ideas about actions that need to be taken in order to keep Skyview on the path towards school wellness success. Some of the healthy steps taken was creating and implementing a breakfast program, staff wellness activities, school-wide interdisciplinary unit on exercise and the brain, and successful implementation of Fitness Gram assessment in Physical Education.

Skyview was rewarded at the Healthy School's Champion's Summit in downtown Denver at the Sheraton Hotel. Colorado Lieutenant Governor Joseph Garcia and Colorado Commissioner of Education Robert Hammond awarded Skyview with their honors. Also, Skyview principal Cathy Tinucci was given the Principal's Award for her dedication, involvement, and support of the Coordinated School Health Team.

Please notify Skyview as soon as possible if you will be moving over the summer, whether it’s simply an address change or withdrawing your student to attend a different school. This ensures the proper paperwork is completed and the student’s information is updated in Infinite Campus. Thank you!
Heather Hutchinson, G&T Teacher at Skyview, toured the Capitol with several students, and sat in on sessions for both the House and the Senate. Students were able to see how bills are voted on. The bill that was being debated while we were there was SB-213, the Future Education Finance Act. The students pictured are: Anna Wilde, Alex Stallings, and John McDowell (9th grader from VRHS). The Senators and House Representatives held a question and answer session over lunch for the students. The legislators who participated were: Senator Hudak, Senator Kerr, Representative Lee, Representative Joshi, and Representative Waller.

Crossing Guard Position open at Skyview Middle School

Visit D49.org to apply!
The end of the year is almost here and we will be closing the library May 10th for inventory. All books are due back in the library, Thursday-May 9th.

Please remind students to return all books! Have them check their lockers, backpacks, closets, under beds, etc. Any books that they can’t find—please send the students in to see me. They will need to pay for the books they’ve lost; all fines follow the students every year; so it’s better for them to take care of it now!

A BIG Thank You for all your help—this keeps our library resources from shrinking!!

Carolyn Wigglesworth  
Library  
495-5575

If your student has lost a clothing item or lunch bag, please have them check the lost & found bins before the end of the school year, as these items will be donated to charity this summer. Smaller items, like eyeglasses, keys or jewelry, are in the office at Ms. Tammy’s desk.

SUMMER MEMBERSHIP CARDS  
Skate for $1.00 per session all summer!

The cost is only $3.00 per card. Valid from May 28th through August 18th. Skate rental is $1.00. Buy a card for everyone in the family! If we sell at least 200 cards, Skyview will make $2.00 for every card sold. Please make checks payable to Skate City.

For sale in the office now! Please see Ms. Tammy.
FALCON SCHOOL DISTRICT 49

CLICK HERE for all the details, order tickets and purchase clothing!

District 49 Digital Backpack

Click here to view flyers

Falcon School District 49 works to ensure the approval and distribution of curricular and non-curricular advertising materials is beneficial and efficient for students, families, faculty and community partners. The district policy guiding the distribution of printed information materials and announcements allows the following organizations to request placement in take home folders, student backpacks, or display on tables, magazine racks or bulletin boards at any time during the school year:

- Falcon School District 49
- Federal, state or local governmental entities
- Nationally affiliated PTAs operating within District 49
- Parent-teacher organizations for special education that operate in lieu of nationally affiliated PTAs.

Other nonprofit organizations are permitted one opportunity each quarter to send approved materials home directly – material can be posted in a designated spot within the schools at any time (with approval). Businesses of benefit to the District 49 community can submit for approval advertising flyers, banners, pamphlets, brochures and other documents for display in schools, but the materials are not sent home with students. The materials can be posted on the D49.org Digital Backpack page. To advertise here, please submit PDF or JPG files to info@d49.org. For more information, download the Digital Backpack flyer.
On behalf of the SMS Honor Choir (Boys and Girls) and Harriet Jarmon, I am pleased to inform you, the choir took first place in our division at the annual regional concert festival at Ralston Valley High School in Arvada, Colorado, last Saturday. This is part of the national "Music in the Parks" program. The choir sang and behaved(!) their best for the festival. They received 7s/8s (out of 10) and a 'good' rating from both judges for their performance of two songs.

Following the festival performance, we, and several parent chaperones and Cathy Tinucci, enjoyed the afternoon at Elitches. Late in the afternoon, we attended the ceremony, held inside Elitches, where they announced the scoring results for each of the performing group divisions. Our division was mixed choirs from higher enrollment middle schools.

I was very proud of the singers who went (this wasn't mandatory) and grateful to the parents and Cathy for accompanying us. We experienced safe travels in both directions and had a very enjoyable day.