3/10  Coordinated School Health Meeting—3:15

3/11  TCAP Testing
      Wrestling @ Fountain
      Homework Help
      PTSA Meeting—6:00 PM

3/12  TCAP Testing
      ITZ Fundraiser

3/13  TCAP Testing
      Homework Help
      NJHS Induction—6:30 PM

3/15  League Wrestling at SCHS

3/17  Book Fair through March 21

3/18  Jazz Night—6:00 PM

3/21  Health Expo during Enrichments
      Skate City Night—6:00 PM

3/24-4/4  Spring Break

4/4  Babysitting Class—7:30 AM
RESERVE YOUR CHILD’S YEARBOOK NOW!

Order one now to preserve your child’s middle school memories here at Skyview at ybpay.lifetouch.com and use Yearbook ID Code: 6420514. Your child can also pick up a form in the office. The cost is $35. If you delay, there may be none left for you in May!

FOR STUDENTS ATTENDING HOMEWORK HELP

The purpose of Homework Help is for students to receive additional tutoring and homework support in their classes. Please keep in mind the following rules/expectations of the program:

- Students have from 2:55-3:05 to go to their lockers, get a drink of water, and use the restroom before getting to Homework Help.
- Homework Help begins at 3:05. Students will not be allowed to enter after that time unless they have a teacher/staff escort or note. Students must sign-in on the sign-in sheet.
- Students attending Homework Help need to make sure they have homework to work on for the entire time. They are expected to work SILENTLY on these assignments unless receiving assistance from a teacher.
- Students are not required to stay the whole hour but you must sign-out and exit through the doors near the library.

Computers are available for student use provided they are using them for academic purposes.

Failure to follow these rules will result in the following consequences:
  
  Strike 1: Verbal Warning
  Strike 2: Phone Call Home
  Strike 3: Administrative Involvement: You may be asked to not return to Homework Help.
Skyview Middle School’s 6th Grade Knowledge Bowl team took 3rd at their meet. Way to go!!!

14-15 ENRICHMENT CLASS REGISTRATION

On Monday, March 10th, 14-15 school year enrichment class registration forms were sent home with 6th and 7th grade students. This will need to be signed and returned by March 14th. Due to large class sizes, requests are a top priority, but cannot be guaranteed.

Thank you,
Renea Hendershott
7th Grade Counselor

Let’s Earn Money for Skyview!

Don’t forget to tell your server you are from Skyview!!

March 12, 2014
5-8 pm
3035 New Center Pt.
Any student interested in Track and Field please sign-up on the bulletin board outside the gym. There will be a student informational meeting during REACH on March 19th. Practices will begin over Spring Break. Athletes will meet on April 2nd, 3rd and 4th from 9:00am-11:00am at Skyview. Please make sure your athlete has a sports physical on-file with the school.

Please contact Tony Marino if you have any questions
719-495-1149 x4277
amarino@d49.org

Lost & Found

If your student has lost a clothing item or lunch box, please have them check the lost & found bin as soon as possible. Due to the large volume, these items will be donated to charity over Spring Break.

Smaller items, like jewelry, glasses and keys, are kept in the office until the end of the year.
Skyview Spring Bazaar

The Skyview PTSA invites you to showcase your crafts and products at our 1st annual Spring Bazaar on Saturday, April 19th from 8am-2pm. Please fill out this form, attached with a check made to SMS PTSA, and drop it off or mail it to Skyview Middle School PTSA, Attn. Melanie Robinson, 6350 Windom Peak Blvd., Colo. Springs, CO 80923. We will contact you via email or phone call with a confirmation. For more questions, please contact Melanie Robinson @ germanmom76@yahoo.com

Name: ____________________________________________________________

Name of your business and brief description: ____________________________________________________________

________________________________________________________

Your address and phone number: ____________________________________________________________

Email: ________________________________________________________________________

Please choose an option below:

___ $20 for a space without a table (please don't bring tables longer than 6 feet)

___ $35 for a space with a table (first come)

Please initial on the line:

___ Set-up starts at 7am. Please park behind the school by the gym and come through the gym door, where you will get your assigned space.

___ I will donate one item to the SMS PTSA, with my information attached, that will be used for a drawing at another event.

___ I understand, that I will not be able to pack up until after 2pm.

___ No refunds will be given for cancellation after April 11th. Deadline for sign up is April 4th.

Please make a copy of this form for your records, before mailing it to us.
Skyview Middle School

All parents/guardians are invited to a presentation by the Colorado Springs Police Department and Skyview Middle School. Topics to include:

- Internet Safety
- Cyber-bullying
- Safe-2-Tell

Tuesday, April 15th
6:00 PM—7:30 PM
Skyview Cafeteria
Please join us!!

Sponsored by PTSA
How to teach kids empathy and emotional intelligence and why it's important

By Katherine Lee

There are many reasons why parents should consider teaching empathy and nurturing emotional intelligence in their kids. In basic terms, empathy is the ability to be able to put oneself in someone else's shoes and understand that person's emotions and feelings.

Why Emotional Intelligence and Empathy Matter

Studies have shown that empathy is an essential life skill. Emotional intelligence or emotional quotient, or E.Q. -- being able to understand one's own feelings and the feelings of others as well as being able to control one's own emotions and exercise self control -- is thought to be more important for success in life than I.Q., or intelligence quotient.

Empathy can also be an important factor in teaching kids what bullying is and how not to engage in bullying behavior. Teaching empathy is thus an important foundation in preventing bullying in school.

How Parents can Encourage Emotional Intelligence and Empathy in Their Children

While some people mistakenly believe that empathy is something we are born with and therefore either naturally have or don't have, the fact is that it is a skill that can be taught. Here are some ways parents can try teaching empathy and boost their child's emotional intelligence.

- Make sure your child's own emotional needs are met. In order for a child to be able to feel and express empathy for someone else, her own emotional needs must first be met. She must be able to count on her parents and caregivers to provide emotional support before she can provide it to someone else.

- Teach your child how to cope with negative emotions. It's natural for kids and adults to experience negative emotions such as anger and jealousy. But a child who is taught how to handle these feelings in a positive, problem-solving way by sympathetic parents is more likely to have strong emotional intelligence and empathy.

(continued on next page)
Ask, "How would you feel?" Kids are naturally-geared toward empathy. Even a toddler who sees someone in obvious emotional distress is likely to show sympathy, such as trying to comfort that person. At the same time, young children are inherently self-centered beings. When a preschooler hits a sibling or a friend or takes away a toy they are playing with, for instance, a parent needs to explain that such behavior can hurt another person physically or emotionally. Try saying something like, "How would you feel if someone took your toy away?" or "How would you feel if someone hit you?"

Name that feeling. To help your child understand emotions and feelings, identify and label them as much as possible. If your child behaves kindly toward someone, such as by trying to comfort a crying baby or friend, say, "That was very nice of you to be so worried about your friend; I'm sure it made him feel much better when you were so kind to him." If your child behaves in an unkind or negative way, say, "I know you may feel angry but it made your friend sad when you took his toy from him."

Talk about positive and negative behaviors around you. We are constantly exposed to examples of good and bad behavior in real life and in books, TV, and movies. Talk with your child about the behavior you see, such as someone making another person sad or acting like a bully or, conversely, someone helping others and making people feel better about themselves. Discuss the different types of behavior and their effects.

Set a good example. Your child learns about how to interact with people by watching you and other adults in her life. Show her what it means to be a charitable person or how to be kind and loving. By helping family members and neighbors or supporting friends and others who are in need or having a hard time, you will be teaching your child how to be an empathetic person.

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Jazz Night

Tuesday, March 18th
6:00—8:00 PM

7th & 8th Grade Jazz Band students are required to wear concert attire during school on this day (black shirt and blue jeans).