5/1  Softball vs. Fountain @ Skyview (3:30 PM)
     Incoming 6th Grade Night (6:30 PM)

5/3  School IN SESSION
     Skate City Night (6:00—10 PM)

5/6  Softball @ Carson (3:45 PM)

5/7  Track @ Carson (3:45 PM)
     Night of the Stars 6/7th Honor Roll (invitation only) (6:30 PM)

5/8  Softball Playoffs (TBA)

5/9  Piano Recital (6:00 PM)

5/10 PROFESSIONAL DEVELOPMENT—NO STUDENTS

5/11 Saturday School—invitation only (9:00—Noon)
     Track League Meet @ Harrison High School (9:00 AM)

5/14 PTSA Meeting (4:30 PM)
     8th Grade Band/Guitar Concert—6:00 PM)

5/15 7th Grade Band Concert (6:00 PM)

5/16 All-School Spring Day Concerts during Enrichments
     SAC Meeting (5:30 PM)
     6th Grade Band Concert (6:00 PM)

5/17 8th Grade Formal Dance (6:00-9:00 PM)

5/21 8th Grade Elitch Gardens Field Trip

5/22 8th Grade Awards Night—invitation only (6:00 PM)

5/24 Last day of school: 3-HOUR EARLY RELEASE (Dismissal at 11:55 AM)

5/27 Memorial Day—DISTRICT CLOSED
Friday, May 3rd—School is IN SESSION

Friday, May 10th—NO SCHOOL due to Professional Development

8th Grade Elitch Gardens Trip!

On May 21st, the 8th grade students will be taking their yearly end of the year trip to Elitch Gardens in Denver. We will be leaving at 8:00 AM and will return around 5:00 PM that afternoon. Students may not bring food, sack lunches or coolers into the park. Elitch Gardens will not "store" or "hold" food, sack lunches or coolers in or at the park. Students may bring a backpack or purse, but it will be searched upon entry into the park. Sealed water bottles are allowed or empty water bottles may be filled at the park. They are also welcome to bring cash for fast passes, games, etc. Please make sure to watch the weather forecast and dress appropriately for predicted temperatures. **School dress code does apply.** Items to think about bringing include sunscreen, sunglasses, and layered clothing. Please contact Ms. Streib with any questions at 495-1149 ext. 4221 or dstreib@d49.org.

**NOTE—Change to Calendar**

Friday, May 24th
LAST DAY OF SCHOOL (1/2 day)
Dismissal at 11:55
Skyview Middle School Welcomes You!

**What:** Incoming 6th Grade Parent/Student Night at Skyview Middle School

**When:** Wednesday, May 1st (6:30 - 8:00 PM)

**Presentation starts at 6:30 PM in the large gym**

- Learn about SMS
- Tour of Building
- Meet 6th Grade Core and Enrichment Teachers, 6th Grade Counselor and Administration
- Informational Presentation

---

**SUMMER OFFICE HOURS**

8:00 AM—3:00 PM
May 28—June 11
July 15—July 30

---

**Moving over the summer?**

Please [notify Skyview](mailto:info@skyviewschool.com) as soon as possible if you will be moving over the summer, whether it’s simply an address change or withdrawing your student to attend a different school. This ensures the proper paperwork is completed and the student’s information is updated in PowerSchool. Thank you!
If your student has lost a clothing item or lunch bag, please have them check the lost & found bins before the end of the school year, as these items will be donated to charity this summer. Smaller items, like eyeglasses, keys or jewelry, are in the office at Ms. Tammy’s desk.
Wednesday, May 1st: Incoming 6th Grade night. Volunteers to play in the front of the school. Wear Skyview Spirit gear. Be here at 5:45 - play from 6-6:30.

Tuesday, May 14th: 8th Grade Final concert - 6pm. Call time 5:15-5:30. Wear concert attire to school. Woodwinds bring fruit; Brass & Percussion bring veggies.

Wednesday, May 15th: 7th Grade Final concert - 6pm. Call time 5:15-5:30. Wear concert attire to school. Woodwinds bring fruit; Brass & Percussion bring veggies.

Thursday, May 16th: ALL GRADES - Day concerts through Enrichments - please wear concert attire to school. Jazz Banders - If you can make all the performances, awesome as the purpose of your group is to perform! Please wear concert attire to school when you are performing!

Thursday, May 16th: 6th Grade Final concert - 6pm. Call time 5:15-5:30. Wear concert attire to school. Woodwinds bring fruit; Brass & Percussion bring veggies.

Hurricane Michael's 255 mile per hour winds and 919 barometric pressure made landfall on October 10, 2018, as a Category 5 storm (upgraded on April 19, 2019, from a Category 4), forever changing the lives of the residents of the Florida Panhandle. Hurricane Michael was one of only five hurricanes to hit the United States as a Category 5, and the third strongest storm to hit the United States on record. With the eye crossing on the east side of the school district, Hurricane Michael caused damage to over 45,000 structures including the two hospitals and more than 1/2 of the districts schools. More than 1,500 structures were destroyed and will need to be torn down and rebuilt from the ground up. As the hurricane passed through the area, school and classroom libraries were wiped out as ceilings collapsed, windows blew out, and walls crumbled. Today, over six months later, students and teachers are still struggling to gain access to what we often take for granted, books.

The Skyview Battle of the Books team and Mrs. Barrientos's REACH class students are conducting a book drive for Bay District Schools in Panama City, Florida. We are collecting new and gently used books in boxes located around the school until May 17. After this date, Mrs. Barrientos will be transporting the books collected to Bay District Schools in June when she returns to Panama City, FL to help her parents with more hurricane repair tasks during the summer.

To see the damage to one of the schools in Panama City, [this video](#) is provided for your convenience. This is the school where Mrs. Barrientos completed her student teaching in 1990.

If you have further questions about ways to help, please contact [Mrs. Barrientos](mailto:mbarrientos@d49.org). The students of the Bay District Schools appreciate the Skyview family sharing the gift of reading with them!

**Thank you for your support!**
D49 Art Show

Here is a sample of the talent that was on display by Skyview Middle School students. Marcel Conlin shows his knowledge of the principles of design in his artwork titled “Triangle Tides.” Maile Fisher created an aesthetically pleasing digital collage titled “Mountain Majesty.” Ysabelle Orbigoso painted two emotive portraits titled “Heartbreak & Broken.” Congratulations to all these students on making it into the art show!

Carter Heck
Gianna Lewis
Briyana Romero
Heaven Quintana
Madison Fye
Marcel Conlin
Maile Fisher
Braden Davis
Chance Gates
Leandra Myal
Aaron Bitter
Ysabelle (Yoshi) Orbigoso
Katy Claar
Sierra Lewis
Shelbi Phelps
Angeleah Slaughter
Health and Wellness Successes at Skyview!

**Fit Sticks:** Fitness sticks were purchased for each grade level team at Skyview. Physical activity boosts brain power! These sticks focus on cardio, strength, stretching, and relaxing. This is something students can lead or will help with transitions in the classroom. All content areas use these to implement physical activity in the classroom.

**Stress Balls:** Our efforts were focused on student mental and emotional health. The priority is to give students opportunity and resources to help them with stress, the ability to focus, and calm down. Every student in the building will have access to a stress ball when they feel overwhelmed or need to calm down.

**Hospital Grade Thermometer:** Medicaid funds helped support the purchase of a hospital grade thermometer. This thermometer will give accurate readings of body temperatures in the health room.

**First Aid Kits:** Medicaid funds helped support the purchase of first aid kits. These kits will be accessible in every evacuation zone if there is a medical emergency.

**Blood Pressure Monitor and Stethoscopes:** Medicaid funds helped support the purchase of automatic blood pressure monitors along with stethoscopes and manual blood pressure cuffs. The monitors will help support the CTE program and Health/PE Department at Skyview.
Summer Membership Card
SKATING SCHEDULE
Good sessions listed below:
May 28th through August 14th, 2019
SUNDAY 12-2, 2-4, 4-6, 6-8 PM
MONDAY 12-2, 2-4, 4-6 PM
TUESDAY 12-2, 2-4, 4-6, 6-8 PM
WEDNESDAY 12-2, 2-4, 4-6 PM
THURSDAY 12-2, 2-4, 4-6 PM
FRIDAY 12-2, 2-4, 4-6, 6-8 PM
SATURDAY 10-12, 12-2, 2-4, 4-6, 6-8 PM
Skate rental $2.50
Excludes Memorial Day and Independence Day

Regular admission $5.50  Extra session $2.00

- CARDS also valid Saturdays & Sundays thru September
- SUMMER CARDS purchased with your school - $3/each
- SUMMER CARDS purchased at Skate City - $10/each
- BUY a CARD for everyone in the family!
- Schools that sell over 200 cards will make $2.00 for every card sold!

THESE $3.00 SUMMER SKATING NON-TRANSFERABLE MEMBERSHIP CARDS WILL BE SOLD AS A FUND RAISING PROJECT BY SPECIAL ARRANGEMENT WITH:

Skyview Middle School

Summer Membership Cards will be available for purchase in the front office through May 24th.

Austin Bluffs
4575 Austin Bluffs Pkwy.
719-591-1016
www.skatecitycolorado.com

SUMMER FUN for EVERYONE at........
Severe Weather Procedures For Skyview (After Hours)
(Hail, Lightning, or Tornado)

Skyview Middle School is working to improve communication, especially when it comes to student safety. Currently, we are working on a procedure to provide student safety in the event of severe weather during school release. Using various means of weather alerts/data (Weather Channel/WeatherBug/lightning meters/etc), Severe Weather Procedures for Skyview may be implemented prior to and during school dismissal.

Steps:
1) The admin. team makes the decision to “call” for severe weather procedure by 2:40PM, if possible.

2) Office staff will send parent notification via Auto Dialer
   Due to the severe weather (Lightning/Hail/Tornado), Skyview Middle School may be using our “Severe Weather Dismissal Procedure,” causing students to be located in a safe area until further notice. We anticipate a 10-15 minute delay for student dismissal. Please remain in your cars and DO NOT park them unattended on the street. Your student will be out of the school as soon as we can determine it is safe to go outside.”

3) Teachers will make an announcement in their classes specifying where students should go, based on their needs to get home. We have designated areas for bus students, car riders, and students that walk home.

4) School is dismissed with severe weather exit in process:

Bus Students:
Report to the small gym, have a seat on the floor, and wait until released to load bus

Students who walk home:
Report to the cafeteria, have a seat near the front of the cafeteria. When the Decision Team lifts the “severe weather” students will be let out the door in the cafeteria closest to the kitchen.

Students who are picked-up:
Report to the cafeteria, have a seat near the back of the cafeteria. When the Decision Team lifts the “severe weather” students will be let out the door farthest back.
CONTACT ME!

eMail: hjarmon@d49.org
Office Phone: (719) 495-1149 ext. 4260

Lots of things happening in Choir & Piano classes!
The keyword to success is **PRACTICE! PRACTICE! PRACTICE!**
This is the month where practice for ALL students is not just necessary but mandatory and graded assignments.

Competitions, concerts and a piano recital are all performances that are coming up and graded events.
Please refer to Honor Choir Handbook and/or Class Syllabus for more information.
Please plan your family events around these dates so students are prepared!

**PERFORMANCE SCHEDULE**

Spring Choir Concert 6th – 8th Grades
April 30, 2019
Skyview Café @ 6:00 pm
Students need to arrive by 5:30 pm

Spring Piano Recitals
May 9th – Piano Recital
Skyview Café @ 6:00 pm
Students need to arrive by 5:30 pm
All-School Spring Concert (all grade levels)
May 16th – Skyview Gym during Enrichment schedule
Parents & Family are welcome to attend!

7th grade performance - 8:00 start time
6th grade performance - 10:15 start time
8th grade performance - 1:00 start time

Honor Choir News

Concert attire for the Spring Concert is as follows: Honor Choir Girls will wear their formal gowns, black shoes and hair up. Honor Choir Boys will wear their tuxedo coats, shirts and black slacks and shoes. Students will receive their accessories when they arrive. Students will change into their black T-shirts and sneakers during intermission to prepare for the second half of the concert. Students in Jazz Choir Will need to bring their purple tops & black shirts to change into as well.

6th Grade Choir

Please prepare your students to have the proper concert attire: black pants and white shirt (as outlined in the class syllabus). 6th Grade choir students will perform at both Spring and All-School concert. Both concerts are graded events.

INTRO TO PIANO

All students should be rigorously practicing and getting ready for their piano recital. This is a special event where the students showcase their talent and share their love for music. I present awards to students who have shown the most improvement, academic excellence and those who excel in their grade level. Student attire should be semi-formal, no jeans, flip-flops or t-shirts. Girls need to have their hair pulled away from their faces and all students need to have their finger nails cut down!

I’ve introduced students to complex rhythms, intervals and chords structures. These theoretical concepts are not easy to grasp at first, but their comprehension is improving with continuous activities and assessments. These concepts will aide them in creating their final exam – their own piano composition! Stay tuned for more information!
May is National Asthma Awareness Month. Did you know that Asthma is the number one cause of student absenteeism? Please see following fact sheet and contact your school nurse if you have any questions.

Top 5 Summer Health Tips:
1.) HYDRATE - Don't wait until you're thirsty to drink water! Hydrate often especially in the heat and avoid sugary drinks as they can make you thirstier.
2.) SUNSCREEN - It is important to protect our skin from skin cancers and burns. See the attached information sheet for more information.
3.) EAT FRESH - Summer means fresh produce! Visit your local farmers’ market or grocery store and you’ll see healthy fruits and vegetables of every color. Reserve a place on your plate every meal for fresh produce and you’re sure to reap the tasty rewards.
4.) EXERCISE AND HELMETS - Summer is a great time to get outside and play! Whether it is a walk, a park, or zoo, be active!!! Always wear a helmet when riding a bike, skateboard, or scooter! - Wearing a helmet reduces the risk of serious head and brain injury by 85%!!!! Every ride, every time!
5.) DISCONNECT - Disconnect from the internet, put down those smart phones and see a world without selfies, hashtags and videos. Enjoy life without technology and engage in conversations and activities that encourage socialization with other people. The average American spends a total of 6 YEARS during childhood in front of screens!
FACT SHEET

Asthma is a chronic inflammatory disease that affects the airways. The main goal for people living with asthma is control. Patients should work with a healthcare provider to create an asthma action plan. This plan will show you what medications you need to take, how to take them, and when to take them. Properly managing your asthma can reduce the number and severity of your asthma attacks. Left untreated, asthma can cause long term lung damage, frequent visits to the emergency room, and hospitalizations.

Office of Minority Health

What is Asthma?
Asthma is a chronic condition that causes the airways to become inflamed and narrow. Symptoms of an asthma attack include coughing, periods of wheezing, chest tightness, and shortness of breath. More than 22 million people in the U.S. have asthma, and nearly 6 million of them are children.

Uncontrolled Asthma Can Lead to:
- Shortness of breath
- Long term damage to the lungs and airway
- Increased use of quick relief medications
- Increased hospital stays and emergency room visits
- Decreased productivity, missed work or school days

Asthma Treatment Options
There are two main types of FDA-approved drugs used to treat asthma, quick relief medications and medications intended for long-term control. Talk to your doctor about which medications are right for you.
- **Quick relief medications** - these medications work fast to treat sudden symptoms at the onset of an asthma attack or flare up. They are inhaled to help relax the muscles of your airways (bronchi) and provide quick relief of symptoms during an asthma attack.
- **Long-term control medications** - these medications are used on a regular basis to reduce the inflammation and constriction of the airways that cause asthma symptoms. They can be taken orally, injected or inhaled.

Asthma and Clinical Trials
Talk to your doctor if you think participating in a clinical trial may be right for you. You can also search for clinical trials in your area at [www.ClinicalTrials.gov](http://www.ClinicalTrials.gov).

For more information on clinical trials participation go to [www.hhs.gov/about-research-participation](http://www.hhs.gov/about-research-participation).

For more information on minority health go to [www.fda.gov/MinorityHealth](http://www.fda.gov/MinorityHealth).

Common Asthma Triggers
Asthma symptoms can vary from person to person. The severity of symptoms can change over time. Some triggers that can worsen these symptoms include:
- Pollen
- Tobacco smoke
- Dust
- Mold
- Pet dander (animal skin or hair)
- Air pollution
- Perfumes or colognes
- Respiratory illness such as the cold or flu

The FDA, an agency within the U.S. Department of Health and Human Services, protects the public health by assuring the safety, effectiveness, and security of human and veterinary drugs, vaccines and other biological products for human use, and medical devices. The agency also is responsible for the safety and security of our nation's food supply, cosmetics, dietary supplements, and products that give off electronic radiation, and for regulating tobacco products.
K - 12th Grade School-required Immunizations for the 2019-20 School Year

Dear parents and guardians of students in Colorado kindergarten - 12th grade schools:

- Colorado law requires students who attend a public, private or parochial kindergarten - 12th grade school to be vaccinated against many of the diseases vaccines can prevent. Your student must be vaccinated against:
  - diphtheria, tetanus & pertussis (DTaP, DTP, Tdap)
  - polio (IPV)
  - measles, mumps, rubella (MMR)
  - hepatitis B (HepB)
  - varicella (chickenpox)

- Vaccines are recommended for hepatitis A, influenza, meningococcal disease and human papillomavirus, but are not required.

- Colorado rule requires students entering kindergarten to receive their final doses of DTaP, IPV, MMR and varicella. Students entering 6th grade must receive one dose of Tdap vaccine, even if they are under 11 years of age.

- The number, timing and spacing of the required vaccine doses is set by the Centers for Disease Control and Prevention’s Advisory Committee on Immunization Practices (ACIP). You can view current versions of the ACIP vaccine schedules for children 0 - 6 years of age at www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-0-6yrs.pdf and preteens/teens 7 - 18 years of age at www.cdc.gov/vaccines/schedules/downloads/teen/parent-version-schedule-7-18yrs.pdf.

- Please take your student’s updated vaccine record to school every time he or she receives a vaccine.

- If your student cannot get vaccines because of medical reasons, you must submit an official Immunization Medical Exemption Form to your school, signed by a health care provider licensed to give vaccines. You only need to submit this form once, unless your student’s information or school changes. You can get the form at www.colorado.gov/vaccineexemption.

- If you choose not to have your student vaccinated according to the current ACIP schedule for personal belief or religious reasons, you must submit a non-medical exemption to your school. Non-medical exemptions must be submitted every year. Multiple options are available at www.colorado.gov/vaccineexemption.

- Some parents, especially those with students who have weakened immune systems, may want to know which schools have the highest percentage of vaccinated children. Schools must report immunization and exemption numbers (but not student names or birth dates) to the state health department by December 1 every year. Immunization and exemption rates can be found at www.colorado.gov/pacific/cdphe/school-and-child-care-immunization-data.

- You may want to talk to a health care provider licensed to give vaccines or your local public health agency (LPHA) about which vaccines your student needs or if you have questions. You can read about the safety and importance of vaccines at www.ImmunizeForGood.com and www.colorado.gov/cdphe/immunization-education.

- If you need help finding a health care provider, or finding free or low-cost vaccines, contact your LPHA, or call the state health department’s Family Health Line at 1-303-692-2229 or 1-800-688-7777. You can find your LPHA at www.colorado.gov/pacific/cdphe/find-your-local-public-health-agency.

- Please share Page 2 of this letter with your student’s health care provider as it provides helpful information about vaccines required for school entry, per Colorado law.

Sincerely,

Colorado Immunization Branch | Colorado Department of Public Health & Environment
303-692-2700 | cdphe.dcdimmunization@state.co.us

December 2018