

ADULT PROGRAMS

Falcon Book Club

Join us for conversation and fun, no registration required. This discussion will be on *The Art of Racing in the Rain* by Garth Stein. For more information, contact Karen Wood at krwoodco@msn.com

Tai Chi Basic

45 minute class with Philip Selva, Certified Tai Chi Instructor. Please consult your physician prior to participation in this program. **REGISTRATION REQUIRED**

Paper Crafting Creations

Join us for a creative and fun project to make and take. Space is limited. **REGISTRATION REQUIRED**

Healthy Living for the Body and Brain: Tips from the Latest Research

For centuries, we've known that the health of the brain and the body are connected. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Learn how to incorporate these recommendations into a plan for health aging. Presenter provided by the Alzheimer's Association. **REGISTRATION REQUIRED**

UCHealth: Psychotropic Medication Use in Senior Years

Learn about mood disorders later in life and psychotropic medication use in senior years.

Adult Movie: Star Wars: The Force Awakens

Star Wars IV: The Force Awakens: 136 minutes, MPA rating: PG-13; for sci-fi action violence

Medicare 101

Join us to learn about Medicare and your health insurance options, to be a better informed consumer and to be secure in your health insurance choices. Presented by PPACG Area Agency on Aging staff, this two-hour presentation covers the basics of Medicare A, B, D and all other insurance options, such as Medicare Supplements/Medigaps, Medicare Advantage plans and Medicare Part D. **REGISTRATION REQUIRED**

Sewing 101

Attendees will learn the functions and threading of the sewing machine, discuss basic stitches, various tools of the trade, plus all of the basics about fabrics, marking, pinning, cutting, and pressing while making a fun, reversible tote bag!

Genealogy One Step Beyond: Pre 1850 Research

Come and learn how to search for records and documents Pre 1850.

Falcon Garden Club

We will be discussing various topics to be determined. Open to public, visitors are heartily invited to join us. Visit our website at www.falcongardenclub.org

Happy Needles

Do you have a passion for needle crafts? This group has interest in all sorts of needle-related arts and crafts, including tatting, crochet, cross-stitch, knitting, embroidery and more. Bring your current project and join us as we enjoy one another's company and learn new techniques along the way.

Chainmail Bracelet

Dive into the past with chainmail! In this program, you are invited to make your very own chainmail bracelet. You'll learn some basic jewelry making skills by constructing chainmail weaves and walk away with knowledge of a technique that has been used for more than two thousand years. **REGISTRATION REQUIRED**

Taste of Pillar II - Xu Beihong, The World Famous Artist

Xu Beihong is one of the most famous artists in China and is known throughout Asia, but he is practically unheard of in the United States. After the founding of the People's Republic of China in 1949, he served as the President of the Central Academy of Fine Arts and the Chairman of the Chinese Artist's Association. We will look at his life, his work, and his continuing legacy in China.

REGISTRATION REQUIRED

TEEN PROGRAMS

Teen Anime Club

Love Anime? Come hang out with other teens that share your passion! Some Anime shown may be rated PG-13 or TV-14. Snacks provided, cosplay welcome! **Ages 12-18**

Teens First Friday: Hoth Snow Globes

Create a snow globe with an out-of-this world creature imprisoned inside! **For ages 12-18**

CHILDREN'S

Tween Twist: Cyanotypes

Fun activities and crafts Come hang out! **9-12 year olds**

KidsMake: Cotton Swab Pointillism

We'll take inspiration from the work of Georges Seurat to create our own Pointillistic artwork using paint and cotton swabs. **Ages 7 and Up. REGISTRATION REQUIRED**

LEGO Build

Join us for a special weekend installment of this drop-in LEGO program. Build to your heart's content with fellow enthusiasts using the library's collection of LEGO and DUPLO. What will you build next? Open to everyone

Storytime

For ages 3-5, with a favorite adult, experience stories through books, flannel boards, puppets, songs and activities. This program encourages emerging reading skills by engaging children with shapes, sounds, rhythm and rhyme in a playful environment.

Toddler Time

For 1-2 year old children, with a favorite adult or two, participate in nursery rhymes, music and movement, and listen to a few short books.

Music and Movement

Shake those wiggles out and have some fun! This 30-minute program consists of music and movement activities and a story. **For 2-3 year old children**, with a favorite adult.

Paws To Read

Let your child practice reading and build fluency by reading to a Paws to Read dog.

Homeschool @ High Prairie:

A representative from our local State Bank will be here to educate children about the basics of banking, by way of a special coloring book that they can take home. This class is designed for elementary age students.

REGISTRATION REQUIRED

Tots and Blocks

Did you know that block play increases a child's language development? Stay and play with us after Toddler Time or drop in to build, balance, stack and crash with a variety of different blocks and other educational toys.

INTERGENERATIONAL

Brownie and Board Games

Challenge your family or friends to a round of your favorite game while you snack on sweet treats. Bring your own game or choose from our stack. All ages. Everyone welcome!

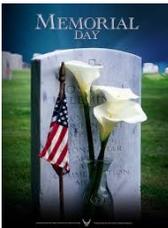
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HIGH PRAIRIE LIBRARY

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MAY 2019

* indicates registration required.
Please refer to reverse side for program age restrictions.

SUN	MON	TUE	WED	THU	FRI	SAT
CLOSED	9 a.m. - 8 p.m.	9 a.m. - 8 p.m.	9 a.m. - 6 p.m.	9 a.m. - 6 p.m.	10 a.m. - 6 p.m.	10 a.m. - 6 p.m.
			1	2 10 a.m. - Storytime 1:30 p.m. - Homeschool @ High Prairie: What is Classical Music*	3 4 p.m. - Teens First Friday: Hoth Snow Globe*	4 2 p.m. - Adult Movie: Star Wars: The Force Awakens
5	6 9:30 a.m. - Music and Movement 6 p.m. - Tai Chi Basics* 7 p.m. - Tai Chi Basics*	7 9:30 a.m. - Toddler Time 10 a.m. - Tots and Blocks 10:30 a.m. - Toddler Time 1 p.m. - Healthy Living for the Body and Brain: Tips from the Latest Research* 4 p.m. - Paws to Read	8 1 p.m. - Mental Health Programs with UHealth 4 p.m. - LEGO Build	9 10 a.m. - Storytime	10	11 10:30 a.m. - Family Dance Party
12	13 9:30 a.m. - Tots and Blocks 4 p.m. - Tween Twist: Cyanotypes 6 p.m. - Tai Chi Basics* 7 p.m. - Tai Chi Basics*	14 9:30 a.m. - Toddler Time 10 a.m. - Tots and Blocks 10:30 a.m. - Toddler Time 4 p.m. - Paws to Read	15 4 p.m. - Brownies and Board Games	16 10 a.m. - Storytime 2 p.m. - Genealogy One Step Beyond: Pre 1850 Research	17 4 p.m. - KidsMake: Cotton Swab Pointillism*	18 10 a.m. - Falcon Garden Club 4 p.m. - Happy Needles
19	20 10:30 a.m. - Music and Movement 11 a.m. - Paper Crafting* 6 p.m. - Tai Chi Basics* 7 p.m. - Tai Chi Basics*	21 9:30 a.m. - Toddler Time 10 a.m. - Tots and Blocks 10:30 a.m. - Toddler Time 4 p.m. - Paws to Read	22	23 10 a.m. - Storytime 4 p.m. - Teen Anime Club	24 2 p.m. - Medicare 101*	25 12:30 p.m. - Sewing 101*
26	27 All library facilities closed for Memorial Day	28 9:30 a.m. - Toddler Time 10 a.m. - Tots and Blocks 10:30 a.m. - Toddler Time 4 p.m. - Paws to Read 6 p.m. - Falcon Book Club	29 2 p.m. - Chainmail Bracelet*	30 10 a.m. - Storytime	31 10:30 a.m. - Taste of Pillar II - Xu Beihong, The World Famous Artist*	



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