



D49 Cares- Team Building Activity

November- Gratitude Challenge

In an effort to try to help teams feel more connected, we would like to offer a monthly team building activity.

November's team building activity is to express your gratitude to teammates. Try to show gratitude to one person each day in November. Here are a few suggestions:

- **Leave a sticky note on their desk or in their mailbox with something you appreciate about them.**
- **Write a quick email or text expressing your gratitude about something they did**
- **Create a Gratitude Wall and “leaf” a kind note to a teammate**
- **Tell them how much you appreciate them and why when you see them in the hallway**

And, if you would like to share your gratitude further, you can complete this [Google Form](#) expressing your gratitude for someone. Then, **that person will be entered into a drawing for prizes courtesy of the Falcon Education Foundation which include gift cards to places like Red Lobster, Rock Bottom Brewery, North Pole, and lottery tickets. Drawings will be held on November 11th and 18th.**

You can upload a picture to **#D49Cares** on Instagram for a little added fun.

We hope that this is a fun team building activity that will bring a little brightness into your day.



Take a pic to get to the link

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