

2022-2023 HMS School Health Improvement Plan

Horizon Middle School	District 49			
Co-Leader Name(s): Kelly Scharp Windy Hart Jenny Breeding	Principal: Dustin Horras			
SMART Objective (desired change): By May of 2023, staff and students will participate in activities that will improve their awareness of healthy options for mental and physical health.				
What data will you collect that will indicate the objective has been achieved? Number of participants				
Action Steps to Achieve SMART Objective	Timeline (By When)	Person(s) Responsible	Budget Needed	Action Step Completed
Design monthly wellness challenges	10/2023	Windy Hart /Kelly Scharp		Yes
Order prizes for challenges	10/2022	Windy Hart/Kelly Scharp	\$500	Yes
Talk to David Jung about greenhouse supplies	12/2022	Windy Hart/Kelly Scharp		Yes
Order items for greenhouse and gardening club	01/2023	Windy Hart/Kelly Scharp	\$1000	Yes

Describe other activities beyond your SHIP that support and further the health and wellness of students, staff, and family in your school:

Intramural sports teams for students
 Walktober: approximately 30 staff members participating
 Healthy drinks in staff lounge
 Hiking club for staff