

*ANNOUNCING Saturday Success Academy opportunities for 2<sup>nd</sup> Semester:*

**January 9      9:00-11:00      No "F" Game Plan      Jackie Grabbert**

Offered to any students, but targeted for those who had 2 or more Fs last semester. "At-risk" Freshmen are encouraged to attend. High school credit plan and graduation requirements will be addressed.

**January 30      9:00-11:00      Self Advocacy      Smith or Thomas**

Students will learn skills necessary to respectfully ask for what they need and want, how to ask for help and how to approach adults. Time should allow for role playing and skill practice.

**February 6      8:00-11:00      7 Habits of Highly Effective Teens: An Introduction      Jackie Grabbert**

Students will be introduced to the 7 Habits and will develop a plan to incorporate at least 2 of the habits into their lives. Books will be available for purchase (OPTIONAL) for \$10 at conclusion of class.

**February 20      8:00-11:00      Career Choices      Jen Gorrell**

Students will explore different career options and consider steps necessary and education critical for achieving a career in their areas of interest. Possible career interest survey, setting goals, developing and implementing a plan of action.

**March 6      8:00-11:00      Internet Safety, Cyberbullying, and Domestic Violence      Rick Hunt**

Learn about the dangers of sexting and internet social networking, domestic teen violence, adolescent rights and consequences. Find out about the lifelong consequences of risky behaviors.

**March 13      8:00-11:00      Writing Seminar      Charles Moricle**

Receive extra help on writing skills, proper use of grammar and citing resources, revising drafts, organization of thoughts, etc.

**March 13      8:00-11:00      Teen Parenting      Melissa Smith**

Geared towards young mothers or expecting mothers. Learn about available resources, what to expect, dealing with the social impact, etc. Talk to other teen parents and share tips. Discussion will include financial help available, day care concerns, balancing school with parenthood, etc.

**April 17      8:00-11:00      Anger Management      Sherrie Thomas**

Students will learn to identify triggers that trip tier impulsive anger reactions and behaviors. They will discuss the consequences that often occur when anger is not managed appropriately. Alternative actions and appropriate responses will be explored. Situational activities might be role played.

**April 24      9:00-11:00      PE Assignment Recovery      Anthony Dwinell**

Students may make up 2 periods of excused activity by attending and participating in the activity class.

**May 15      9:00-11:00      PE Assignment Recovery      Anthony Dwinell**

**May 22      8:00-11:00      Peer Tutoring      Melissa Smith**

NOTE: Breakfast snacks will be provided for each session.

If you are interested in attending one of these sessions (or having your student attend), please contact Jackie Grabbert, Asst. Principal at 495-1172 or email [jgrabbert@d49.org](mailto:jgrabbert@d49.org)