

Dear Parents and Guardians:

As you may know, reported cases of swine flu in several states have caused the U.S. to issue a public health emergency so that appropriate resources can be accessed if needed.

It is important to note that there is no cause for alarm. We have had no confirmed cases in the state of Colorado to date and cases in the U.S. have been relatively mild with no deaths reported. All cases of swine flu inside the country have been transmitted by human-to-human contact through coughing or sneezing of infected people

Here are ways that you can help protect your family:

- Keep your kids at home if they are sick
- Contact a doctor if your child exhibits flu-like symptoms
  - Doctors offices are being asked to test for swine flu if they are suspicious
- Encourage good hand washing at home and at school
- Encourage your kids to cover their mouths when they cough and/or sneeze

District school nurses are staying informed and are monitoring the situation every day.

We are also asking that you help us by doing the following:

- Review your emergency contacts and make any changes or updates with your child's school
- Let us know if your child is missing school due to flu-like symptoms

Information about swine flu, along with helpful links, is posted on the District 49 web site at [www.d49.org](http://www.d49.org).

Please contact your school nurse if you have any questions or concerns about the swine flu or in regards to the swine flu.

You can also call Colorado HELP (COHELP) from 7 a.m. to 11 p.m., seven days a week (1-877-462-2911).

I assure you that the health and well-being of our students is our top priority and we are doing everything possible to address the situation. Thank you for helping us keep our schools safe!

Sincerely,

Principal